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AUTHOR	The Municipality of Vejle Disability Department		
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ABSTRACT	<p>The master of one's life program allows citizens and public employees to find new approaches to help people with disabilities. This includes ways to: 1) better achieve their own goals 2) champion a greater share of their own life without the need to depend on others, and 3) help them become active citizens contributing to the development of society.</p> <p>The 'Master of one's life' program has 15 prototype projects that each aim to help citizens with physical or mental disabilities to "master" tasks and everyday life without being dependent on a pedagogue. The prototypes are developed by managers and employees in three departments and centers for disabled people in Vejle Kommune. One of the prototypes is called "citizen helps citizen" and aims to find areas where the citizens from the centers can help other each other with practical things such as sowing, knitting or getting breakfast. This strengthens the relationships among citizens.</p>
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