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TITLE	La città resiliente. Strategie e azioni di resilienza urbana in Italia e nel mondo			
AUTHOR	Pietro Mezzi, Piero Pellizzaro			
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ABSTRACT	The authors address the issue of urban resilience as "the speed with which a community returns to its initial state, after a shock caused by natural or human events, by innovating". The book underlines how modern cities have to adapt and transform itself to face the ecological and human problems taking into account the Socio-Ecological Systems, that are environmental and also social. Governance and constitution of "Solidarity communities" made up of local authorities, associations and the third sector are becoming increasingly important for cities, because they participate in the common choices of the cities, enabling self-coordination actions to be activated in the event of a natural disaster. Furthermore, the book provides examples of international good practices adopted by many cities to prevent and manage natural disasters and it focuses on social cohesion actions as an instrument of urban resilience.			
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